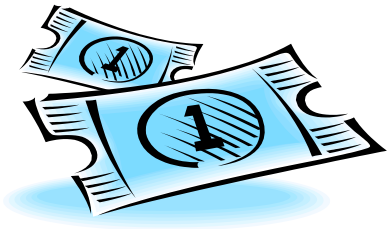

Ticket Out

Evaluation and Reflection Form

Please rate your feeling about the day we shared together using the scale below:

1 2 3 4 5

Lowest_____Highest

Check all that apply:

WOW! I learned something brand new today! (If possible, please indicate what it was.)

_____

_____

__ **AHA!** I had a flash of insight- a new understanding – a "SO THAT explains it" kind of sensation.

__ **AHH.** I never thought of it like that before! I got a new way of thinking about something I've known something I've known for some time.

__ **UH HUH!** I found myself agreeing with things that were said. It's a good feeling to know that the presenters and I are on the same wavelength.

__ **HUH-UH.** No, the day was a waste of time.

One thing I want to try soon is…

_____

_____

Comments:

_____

_____